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### Physical Therapy Referral

Patient's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Patient's Contact Number: \_\_\_\_\_

Physician's Name: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

### Orthopedic Physical Therapy Diagnosis

- |                                        |                                          |                                            |
|----------------------------------------|------------------------------------------|--------------------------------------------|
| <input type="checkbox"/> Low Back Pain | <input type="checkbox"/> Elbow/Hand Pain | <input type="checkbox"/> Foot Pain         |
| <input type="checkbox"/> Neck Pain     | <input type="checkbox"/> Hip Pain        | <input type="checkbox"/> Headache/Migraine |
| <input type="checkbox"/> Shoulder Pain | <input type="checkbox"/> Knee Pain       | <input type="checkbox"/> Other _____       |

### Pelvic Health Physical Therapy Diagnosis

- |                                                                     |                                                                 |
|---------------------------------------------------------------------|-----------------------------------------------------------------|
| <input type="checkbox"/> Urinary Incontinence (stress, urge, mixed) | <input type="checkbox"/> Dyspareunia                            |
| <input type="checkbox"/> Pelvic Floor Muscle Weakness               | <input type="checkbox"/> Pelvic Floor Muscle Spasm              |
| <input type="checkbox"/> Pelvic Organ Prolapse                      | <input type="checkbox"/> SI J Pain/Public Symphysis Dysfunction |
| <input type="checkbox"/> Pelvic Pain                                | <input type="checkbox"/> Other _____                            |

### Physical Therapy Treatment/Modalities:

- |                                                         |                                                          |
|---------------------------------------------------------|----------------------------------------------------------|
| <input type="checkbox"/> Physical Therapy Eval. & Treat | <input type="checkbox"/> Pelvic Floor Exercises          |
| <input type="checkbox"/> Electrical Stimulation         | <input type="checkbox"/> Core Stabilization Exercises    |
| <input type="checkbox"/> Class IV Laser Therapy         | <input type="checkbox"/> Traction                        |
| <input type="checkbox"/> Biofeedback                    | <input type="checkbox"/> Strengthening Exercises         |
| <input type="checkbox"/> Soft Tissue Mobilization       | <input type="checkbox"/> Joint Mobilization/Manipulation |
| <input type="checkbox"/> Neuromuscular Re-education     | <input type="checkbox"/> Dry Needling                    |
| <input type="checkbox"/> Functional Training            | <input type="checkbox"/> Other _____                     |

### Treatment Frequency:

☐ Therapist Discretion    ☐ \_\_\_\_\_

Special Instructions/Comments: \_\_\_\_\_

*I hereby certify these services are medically necessary for the patient's plan of care*

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

